

News Release

For Immediate Release

**Get Your Legs out for North York General and run/walk in Rally 2020 this Thanksgiving Long Weekend presented by The Nanji Family Foundation**

TORONTO (SEPTEMBER 29, 2020) – On Thanksgiving Long Weekend October 10<sup>th</sup> - 12<sup>th</sup> supporters of North York General will get their legs out and run/walk wherever they are to raise funds for the hospital. For 2020, this virtual event replaces Rally in the Ravine, which ran in the ravine behind the hospital for the last many years. Due to the pandemic and social distancing we have pivoted and launched Rally 2020 for North York General.

Participants will choose either a 1 K, 5K and, new this year, a 10K run/walk. We encourage people to register and build a team with family, friends or co-workers. Participants who register will receive a Rally Kit which includes an amazing pair of socks. Themed, Rally for North York General Wherever You Are we encourage members of our North York General Strong ❤️ Community to register today and start their fundraising. It's a chance to celebrate and fundraise on behalf of the hospital that means so much to all of us.

“This is a safe and fun way to show your support for North York General, all while getting your legs out!” says Terry Pursell, President and CEO. “If you are not able to participate perhaps you would consider donating to one of the teams at [www.rallyfornygh.ca](http://www.rallyfornygh.ca).”

**We are thrilled to announce the Nanji Family Foundation has “rallied” again to support North York General as the Presenting Sponsor of Rally 2020. As long-standing supporters of health care philanthropy in Canada, we feel a special bond with the Nanji family given the depth and breadth of their decades of contributions.**

**We are also grateful to the following list of sponsors who have stepped up.** Gold Sponsors: Paradise Developments, Masters Insurance Ltd., North York General Emergency Medicine Update, Canso Investment Counsel Ltd., Mawer Investment Management Ltd. Bronze Sponsors: Avvio Fine Homes, Iristel Inc., The Grounds Guys.

**About North York General Hospital**

North York General Hospital, affiliated with the University of Toronto, is one of Canada’s leading community academic hospitals. In a global ranking of hospitals North York General placed in the top 5 and among the top 100 in the world. We offer our culturally diverse community a wide range of acute care, ambulatory and long-term care services across multiple sites. Through partnerships, collaboration and academic endeavours, we seek to set new standard for patient- and family-centred care. Working together with our patients and their families, we are making a world of difference.

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